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## WPe meditate on the glone of the Preator; Who has created the Teniverse; Who is worthy of (1) orship;

Who is the embodiment of ©nowledge and Eight, Who is the remover of all Osin and बgnorance; Clay he enlighton our ©ntellect.































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 (๔ロロ:6:16)


















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$\square \square \square \square \square \square \square$ Secretary

## Glory to GOD．

Dear Members in Christ， At the outset I must wish you all a Happy，Peaceful and Prosperous New Year．
It is glad to note that we have crossed our strength of registered members more than half a thousand and similar number of non registered members as well．Delivering service to all these members with the handful of committee members is literally next to impossible． To make it possible，to reach the best services to all of you，well apart from the past，it is our desire to move this year with your advice，suggestions and directions．We definitely believe that each one of you have greater ideas than what we have and what you need to do is simply communicate the same with us and thus create a more harmonic atmosphere of oneness and togetherness．．
It is also our utmost desire to have our own Church and to break the ice as I said earlier， each one of you to pray for the same every day．Because prayer is the undefeated weapon， we must use it for our success in winning our own Church．
On this occasion I solicit the prayers and cooperation of all the parishioners during the whole year for the smooth working of our congregation and may the Almighty GOD bless each one of you with peace and happiness．
Yours in Christ， Jaison Kavumkalath．

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## The Little Drope of Happinese

When you smile, and that smile reaches your eyes, then it's a REAL smile, for a moment you forget all those troubles, worries vanish, you are HAPPY, not only you, but also your near and dear ones who see you smile, that is the power of a HAPPY SMILE

Why is it that, it goes unnoticed...those little drops of happiness?
Happiness is all around you .Its just that sometimes we fail to pause and realize it. We spend most of the time either regretting about the past or anxious about the future, We seldom LIVE THE PRESENT nor do we bother to appreciate what we had in the past.

I would suggest ,we all take a paper and write down all those wonderful happenings in our lives which made us smile, laugh or even cry with laughter...now that's real joy.. 'tears of joy' roll down your cheeks when your heart is 'full' with happiness and contentment...If we write it down, then sometimes when we feel a little blue...it would be a great relief if we just go through those little happy moments and then we realize how blessed we are..!!

While writing this.. I was thinking of certain things which generally makes us all happy..,

- Like when we see a child's innocent smile
- A comedy scene which is so funny that we fall off from the chair laughing
- Cartoons : Tom and Jerry ,oh !they are maybe the funniest creatures on earth, can make a 4 yr old and 40 yr old laugh at the same time
- Some funny incidents during a family get together ...we always cherish it ,time is no barrier
- A baby playing with a balloon, bursts it himself and the next thing $u$ see is the baby bursting into tears, now how can we adults hold back a smile at that sight? heee..heee
- The Sunday school kiddies singing 'Happy Birthday ' ..all on the top of their voices, as if it was some competition for the loudest voice, and the best part is the head master pointing the mike at them.
- The way the seniors would run to get the chocolates first when the head master says 'kochu pillaru aadyam vaa'
- The faces of some students at the time of Sunday school exam...blank expressions waiting for a divine inspiration to be able to write something in the paper
- The Appam and Chicken curry on perunal days when everyone is together ..we do hav lots of fun, I have always wondered why some choose to take the nercha back home... because I think the main point is everyone being together and sharing the food...
- Proud moments when we win the KCEC competitions or any such competitions
- Classroom jokes
- Teacher cracks a joke, students don't get it ..And the teacher goes like oh! Come on laugh..it was a joke..!!
- The way we used to clap in between the Principal's speech, during the assembly, just to make him conclude fast.
- In College when its someone's birthday and if there is a cake you see it vanish in 2
mins...na 2 seconds..
- When your family or friends organize a surprise birthday party for you and u come to know of it in advance...heee heee....
- How happy we feel, when we come back home to have some home made or rather amma made food ...tired of the hostel food.
- If its home made food everyday and you get to go to Mc Donald's ...oh then its just bliss!!
- The Christmas, New year celebrations when we are all there together as a family as one...
- Its so precious a moment when we see our elderly parents/grandparents, when we are back in our mother land

Once in a while ...stop all those busy activities and THINK..., think about all those precious moments of your childhood, school life, college, hostel...anything and everything that put a real smile on your face. So spare a moment to think, what made you smile... what ALL made you smile....We must not forget to live the joyful present, at this moment if you are happy ..THEN SMILE..!!!...Smile, Laugh and Live life to the fullest ... Be inspired, Give peace and Share your smile....

Life is a Chemistry, just DILUTE your sorrows, EVAPORATE your worries, FILTER your mistakes, BOIL your ego, and CONCENTRATE on the positives of life and then you will get the CRYSTALS OF HAPPINESS...!!! Happiness is always there...like little drops of water make an ocean....little drops of happiness fulfill our life ...

Now did this article bring a smile on your face? If YES then count this too as another Little drop of Happiness..!

Lemma Ana Crisostum


Mr. Biju Thelappilly is unanimously elected as the new coordinator of the Youth Assosiation of our church for the year 2011. We would like to congratulate him and wishing the whole team all good wishes for their future endeavors. Also we would like to appreciate last year Youth Assosiation coordinator Mr.Prageesh John Tharakan for the successful events they had arranged throughout the year 2010.

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## Are You Bible Literate?

Bible Crossword \#2 (February 2011)


Leela Alexander

## ACROSS

5 Who was Timothy's grandmother?
7 Who was the eldest son of Jacob?
8 Who was David's great grandmother?
9 Who was the eldest son of Aaron?
10 Who was the eldest son of Adam?
12 Who was the eldest son of Judah?
13 Who was the eldest son of Joseph?

## DOWN

1 Who was Absalom's grandfather?
2 Who was the eldest son of Moses?
3 Who was the eldest son of Cush?
4 Who was the eldest son of Saul?
6 Who was Mehibosheth's grandfather?
9 Who was king Saul's grandfather?
11 Who was Methuselah's grandson?
12 Who was the eldest son of Isaac?

This is the second in the series of Bible crossword puzzles for 2011. All the clues are about grandfathers, grandmothers and eldest sons mentioned in the Bible. Solve the crossword. A few references are given. Use them if necessary. Please use King James version of the Bible. Deposit your answers in the box near the door to the church as soon as possible, within 7 days after the release of the newsletter.
This contest is open to all; Sunday school students and adults. The winners' names will be published in the church newsletter. The annual award is given only to Sunday School students. You may also send the answers to me by email. My email address is ocalexleela@gmail.com

Useful references: Genesis 4, 1Chronicle 8 , Genesis 29, 2Kings 8 , Genesis 25, Joshua17, Exodus 2, Genesis10, 2Samuel 13, 2Timothy 1, Exodus 6,1Samuel 14, Genesis 38, 2Samuel 9, Ruth 4,
Winners of Bible Crossword January 2011
30. Johann Agith

1. Abram Biji
2. Acsah Elezabeth Abraham
3. Aibel Rejan Varghese
4. Akhil Basil Paulose
5. Akhil C Sunil
6. Alan Abraham
7. Amal C Sunil
8. Angel Ann Joshua
9. Anju Paulose
10. Ann Biji
11. Ann Jeepa Shaj
12. Ashik James
13. Ashley Shaju
14. Athira Sabu
15. Basil P jayan
16. Chithira Sabu
17. Christin Paul
18. Christy Mary Thomas
19. Diya Ann Kuriakose
20. Elaine Agith
21. Elna Achu James
22. Elsa Maria Thomas
23. Flemy P Eby
24. George K Laji
25. Jackson Jerom James
26. Jeeba C Biju
27. Jevin Varghese
28. Jibu Joseph Biju
29. Joshin Joseph
30. Joseph Sabu
31. Joshin Joseph
32. Kamal Baby Paul
33. Krupa Susan Thomas
34. Lian Gijo
35. Mahal Mani Ulahannan
36. Manuvel Benny
37. Mathew Roy
38. Merin Mary Basil
39. Merlin Mary Basil
40. Milan Mani Mathew
41. Oommen Kuriakose
42. Priya Benny
43. Ria Mariam
44. Samuel BennSara Kuruvilla 46. Sara Laji
45. Sara Achu Joseph
46. Sharon Paul
47. 
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55. Tania Rachel Anson
56. Tinu Daniel Sam
57. Thomas Sabu

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Ajith Alexander \& Vatsala Ajith $3^{\text {rd }}$ January 2011
Vatsala is a Member of C S I Divya Shanthi Church Bangalore

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& \text { வைஜிగ్ํธૅ (1-14) }
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Usha Achankunju．



## H.G KURIAKOSE MOR OUSEBIOUS HOSTED FLAG MARKING THE BEGINNING OF THE TRIKKUNATH STMARY'S JSO CHURCH PERUNNAL

Honorable High Court of Kerala ordered to handover the keys of Thrikkunnath St. Mary's Jacobite Syrian Orthodox Church to Ernakulam District Authorities. Main doors of the Church will be keep opened and faithful will be allowed to offer their prayer from outside facing the Holy Altar. But entry to the church will be restricted due to the bad shape of the church as the renovation work has not happened for long time. Senior Counsel for Ortho-
dox Faction argued for keeping the Church closed whereas the Jacobite Church lawyers wanted it to be kept open not only for prayers but also Holy Mass during the timings allotted to them on 25th and 26th of january 2011.

Catholicose and other metropolitans are allowed to enter the tombs area and offer prayers and incenses.

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## THE PRIVILEGE AND POWER OF PRAYER

Most of us are familiar with the word 'Phone home!'".May be you heard it from your parents and they want to hear from their children, because they love them. God also wants to hear from His children because He loves us.
What is prayer? It is speaking and conversing with our Creator. Everyone can do it and should do it. Prayer is effective. Our Lord is never asleep or too busy to listen. We have unlimited free minutes and hours to call Him. In John chapter 1, it says that even though Jesus Christ was God in the flesh, he knew the importance of praying to our heavenly father. If Jesus Christ needed help from His heavenly Father, how much more do we!. In Luke chapter 11, Jesus' disciples said "Lord, teach us to pray".
Anyone can begin to pray even before he has learned anything about prayer. God hears the simplest of prayers. Jesus said; 'Ask, and it will be given to you; seek, and you will find ; knock, and it will be opened to you'. We should talk to God as our Father. He wants us to come to Him as a beloved parent. We should do our part to continue get answers for our prayers. That is to read the Bible, obey what it says and learn to love God.
God certainly "hears" silent prayers. Most of us are busy and we are in lack of time to pray. We will earn more things in life when we put God first. So there shouldn't be any excuses to pray, we should do it as a daily habit. We always ask for our needs and wants. In our prayers, make sure to take time to thank God for the many ways He has blessed us in our life. And take time to pray for others.
So let's take a decision to walk with God, obey Him and talk with Him in prayer especially in the beginning of a new year. Therefore we can stay in touch with our Father and our elder Brother, Jesus Christ, until His second coming. I assure you all to consider prayer as a key to communication with God. God bless us all.

Chistmas \& Neuyear Celebration



Ann Jeepa Shaj,Abel \& Basil Prince Achenkunju \&fly, Alex john \& fly,Anal ligy, Bisha Paul, Cherian. M. M, Cherian. P. M, Denny Elias, Diya \&Deo, Don Sabu,Eldo.K.K \&fly,Geo \& Niya, Gigomon Mathew, Issac George Thombra \& fly, Jacob. E. U \& fly, Jaison \& Fly, Kuriakose. M. A \& fly, Ninan Varkey, Paul Varghese \& fly, Reji varghese \& fly, Roy Mathai \&fly Santhosh Andrews issac \&fly,Sara Oomen Kuriakose and Vinod Varghese Kurian

The cottage prayer meeting for the month of february will be held at the residence of Aigi.A.george on 18th (friday) at 7.30 pm Address Flat -1,Bldg-2812,Road-2172,Jidali ph.17681701,39208104

## Condolence

"Grief is exhausting. Rest and remember to feed your soul."

Our heartfelt condolences with prayers to Mr. Anson p Issac \& family on the sad demise of their Grand Father.
Our heartfelt condolences with prayers to Mr. Binu M Varghese \& family on the sad demise of their Father in law

Ajish Mamachan (A053) Mob. : 39360730 Address
in Bahrain: flat no.2, Bldg no 647, road no 1122 block no 311, Area Salmaniya
in India: Thekkedathu Green Villa, mulavana p.o Kundra,kollam,Kerala
Ph. 0474-2526784
Diocese - Kollam

We humans can communicate using words, spoken or written; something that other animals cannot. Parents, you all know how happy you were when your little baby called out "appa" or "amma" for the first time. From then, your child learned words from parents, family, school and the society. Perhaps you taped their baby-talk and it is still great joy and fun to hear it again after all these years.

But as we grow into adulthood, how we choose to use our ability to verbally communicate becomes critical. 'Words have the power to build or break down, and their effect can linger for years, even an entire lifetime.' There is always someone you know who is perpetually finding fault with every thing they see. You are surprised by how they always manage to single out a small fault from a wonderful event that everybody enjoyed.

At the same time, it is even more surprising to see how some people can convey an idea of correction so amicably. Our vice principal at St. Xavier's school where I used to work was particularly good at doing this. If one of us teachers was late to sign the daily register, he would say "Good morning, you are very early for tomorrow, what happened?" That would make us laugh with him, but we would never come in late again.

His tactic worked remarkably well with children too. It was difficult to stop a few small children from picking flowers in the school garden. "If you pick all the flowers, butterflies won't come to our garden..." he would say. That worked! The little kids understood that so much better than being shouted at for picking flowers. Taking that extra bit of effort to carefully frame our words and sentences when we speak makes all the difference between bitterly hurting someone and making them happy to take your words to heart.

As the saying goes 'Two things never return, an arrow left from the bow and words said from the mouth.'

In Matthew 15:1, Jesus says 'What goes into a man's mouth does not make him unclean, but what comes out of his mouth, that is what makes him unclean.'

Out of jealousy, or sometimes just to get even, we end up making false statements about people that could damage their reputation. Do we really have to discuss the most intimate details about someone just to be able to tell an entertaining story? Consider the impact of what you're about to say about someone before you say it. Lies damage relationships and break trust. In Psalms 141: 3, the Psalmist prays 'Set a watch, O Lord, before my mouth, keep the door of my lips.'

We feel at ease with people who talk in a gentle peaceful way. So become that person everyone loves to talk to!

*     *         *             *                 *                     *                         *                             *                                 *                                     *                                         * 

Dear Brothers \&Sisters in Christ...

With profound gratitude I bow before the God Almighty for the blessings showered upon us since the very beginning of our Parish on this Island. "We are in a pilgrimage to the Kingdom of Heaven" and therefore, our pilgrimage is now passing through this beautiful Island - the Kingdom of Bahrain. Remember it is a short journey. Each day, takes us to nearer to our final destination.
On behalf of the parish, I am pleased to submit the first issue of the year 2011 to all our brethren. Of course it is too small, but we tried our best to cover up all activities of our Parish and our church to a large extent. I would request your whole-hearted co-operation with your valuable prayers and support so that we will work together for our monthly bulletin. Please feel free to forward your articles and valuable suggestions to
"EMAIL ID". bulletin2011@gmail.com

Yours,
Prageesh John Tharakan
Bulletin co-ordinator

